

# Parent Concussion Responsibilities

## **What to Expect After A Head Injury**

### - Parent Responsibility

- Provide a written concussion diagnosis by a physician licensed to practice medicine in all its branches in Illinois (MD or DO) or certified athletic trainer to the school.
- Share any medical provider recommendations to the school team throughout recovery.
- Communicate status of symptoms (i.e. lessening or worsening).
- Collaborate with school on appropriate school participation and accommodations.
- Avoid prolonged absences from school: social isolation and absences from school have their own negative consequences.
- Reassure child to push through mild symptoms with cognitive activity/homework.
- Before allowed to return to Physical Education and/or athletics, provide medical clearance (MD/DO, APN, PA, or ATC).
- Once the student is medically cleared, provide signed and dated Post Concussion Consent form, to school nurse or athletic trainer.
- Link to [Barrington 220 Concussion Information](#)

### Attachments:

1. [Return to Learn and Return to Play Protocol](#)
2. [Post Concussion consent form](#)
3. [Parent Concussion Fact Sheet](#)