

SPECIAL OLYMPICS

TRACK & FIELD

Competitions

NISRA Track & Field Meet on Sunday, April 28.

Special Olympics Spring Games on Saturday and Sunday, May 4 and 5.

Practices

Track and Field practices are Thursday evenings at Roslyn Road School. Practices are indoors unless the weather is warm enough to be outside. Practices run 6:00 - 7:30 pm beginning on February 21 through May 9.

Peer Coaches

Sign up to be a peer coach!

Peer Coaches are assigned 1-1 to work with athletes at practices and track meets.

Athletes and Peer Coaches please contact Shandra Nosal.



What is Track and Field?

Athletes choose to compete in one track event and one field event at each track & field meet. Track events to choose from are running or walking races, plus wheelchair and assisted running races. Field events are throwing or long jump. Athletes may also run on a relay as a third event.

Sign up or get more information?

Contact Shandra Nosal, Barrington Special Olympics Athletics Director and teacher at Roslyn Road School. All athletes and peer coaches must be at least 8 years old.

snosal@barrington220.org



