



Barrington Community Unit School District 220

*Minutes of an Open Session
Special Board of Education Meeting*

DATE: October 13, 2016

TIME: 7:03 p.m.

PLACE: Barrington High School, 616 West Main Street, Barrington, Illinois

Board Members Present

Brian Battle, *President*
Penny Kazmier, *Vice President*
Sandra Bradford, *Secretary*
Christopher Geier
Wendy Farley
Angela Wilcox

Administrators Present

Brian Harris
Matt Fuller
Becky Gill
Connie Simon

Other Administrators

Cynthia Armendariz-Maxwell

Board Members Absent

Joe Ruffolo

CALL TO ORDER

President Battle called the meeting to order at 7:03 p.m.

ROLL CALL

PRESENT

Farley, Geier, Kazmier, Wilcox, Bradford, and Battle.

ABSENT

Ruffolo.

PLEDGE OF ALLEGIANCE

START TIME DISCUSSIONS
WITH COMMUNITY

President Battle stated that the purpose of this meeting is to gather information from the community regarding their preferences with regard to possible new start times for Barrington 220 schools.

The community members expressed pros and cons for the following:

Scenario A:

Elementary/ELC – 8:00 a.m. to 2:40 p.m.
High School – 8:30 a.m. to 3:21 p.m.
Middle School – 9:00 a.m. to 3:55 p.m.

Scenario B:

High School – 8:00 a.m. to 2:51 p.m.

Middle School – 8:25 a.m. to 3:20 p.m.

Elementary/ELC – 9:15 a.m. to 3:55 p.m.

Scenario C:

Middle School – 8:00 a.m. to 2:55 p.m.

High School – 8:30 a.m. to 3:21 p.m.

Elementary/ELC – 9:05 a.m. to 3:45 p.m.

They also discussed the current bell schedule. A summary of the issues discussed are attached as Exhibit A.

PUBLIC COMMENT

President Battle stated that citizen comments are allowed at this time to address the Board regarding issues not related to start time topics. Public comment will be limited to 15 minutes with each person being limited to three minutes.

No one requested to speak at this time. President Battle declared public comment closed.

ADJOURN

Wendy Farley moved and Angela Wilcox seconded a motion that the meeting be adjourned.

President Battle submitted the motion to a vote, and it was carried by voice vote.

The meeting was adjourned at 9:05 p.m.

Brian G. Battle, President

Sandra Bradford, Secretary

PUBLIC COMMENT ON “SCENARIO A” FROM 10/13/16 TOWN HALL MEETING

1. Sleep science, health, and quality of education.
2. The District’s goal is for optimal learning at all grade levels. Even educators (on survey) prefer 8:00 a.m. for elementary school.
3. Scenario A is the best. It meets sleep needs at all levels. It will help with improved academic and sports performance, as well as improved mental health and physical health for ALL teens (high school and middle school). Allows for Flexpath.
4. Meets recommendations for high school and middle school sleep research recommendations.
5. Meets standards for middle and high school per research.
6. Middle school is too late.
7. Scenario A meets the sleep needs of our high school and middle school students. In my view this is the PRIORITY factor and why this undertaking was started in the first place.
8. An 8:30 start time is the only start time that gives adolescents a chance to get the sleep they need and allows for possibility of Flexpath. When a student (middle or high school) has to meet with a teacher it is always before school.
9. Scenario A actually produces a start time that fits the studies for middle school and high school.
10. Most important considerations (Scenario C is close second):
 - a. sleep studies
 - b. well-being/safety
 - c. academic performance
11. Meets recommendations for both middle school and high school kids. Need to educate community about importance of sleep for all.
12. Meets medical recommendations. Scenario A can educate parents/siblings about 11-13 hours of sleep needed. Let’s change it once and forget about it for the next 30 years. Sub-optimal dose is not effective.

**PUBLIC COMMENT ON “SCENARIO B”
FROM 10/13/16 TOWN HALL MEETING**

1. The best option if we have to change.
2. Is in the same order as we have now. A half hour makes a big difference in my high school kids' attitudes in the morning. Is a Flexpath schedule available with this?
3. Can prepare the high school kids for early responsibilities while still allowing them to get a little more sleep. A toss between B and C. I think either one of them would work.
4. If we have to make a change, B does not drastically hurt everyone and helps all.
5. Least disruptive to family life in the evening for elementary. It allows 40+ minutes for high school. It gives middle school more sleep too. Preserves older child home for childcare.

**PUBLIC COMMENT ON “SCENARIO C”
FROM 10/13/16 TOWN HALL MEETING**

1. Benefits the high school student sleep data.
2. Will have babysitter problems with this scenario.
3. Less years in middle school so effects bad time of 8:00 a.m. less. The high school is not too late but benefits from later and the elementary kids home after older kids for care. This scenario is less disruptive with elementary and middle school but gives high school better sleep.
4. High school is too late.
5. High school starts at 8:30, which meets sleep study. The least amount of change for middle school and elementary school. This scenario can offer Flexpath in the future.

**PUBLIC COMMENT ON “CURRENT SCHEDULE”
FROM 10/13/16 TOWN HALL MEETING**

1. No disruption. My second choice is “B,” because there is minimal disruption of routine if we have to change.
2. No change. Let’s give our kids some credit. They are capable.
3. No change. My son has no issues getting up early. My concern is end of the day activities and how the lateness will affect our family life.