

Roslyn Running Club

Dear Roslyn Families,

Roslyn Running club starts this Friday after school! All 3rd, 4th, and 5th grade students are invited to participate on their own. Kindergarten, 1st and 2nd grade students may attend with an adult present to supervise them. Parents may coordinate with other parents to supervise their children. This club will meet after school on Tuesdays and Fridays at 2:45 - 3:30 PM. Running will take place primarily on the Roslyn Fitness Path and Roslyn fields. Supervision and activities will be provided by Mr. Nettis, and assisted by Roslyn parent volunteers. Thank you parents for all of your fabulous support in our programs! The purpose of the club is to promote running, fitness, health, active lifestyles, and FUN! Sessions will include a wide variety of runs, running activities and fitness games. All parents are invited to participate as well. It is a great opportunity to get some great exercise and fun with your children! Additionally it is a good chance for students to prepare for the upcoming 5th Grade Mile and Half Mile Fun Run at Beese Park. The date for the Barrington 5th Grade mile and Fun Run is October 18th, and the rain date is October 19th. These runs are to be held after school At Beese Park by Barrington High School, Station & Prairie Middle School Cross Country coaches and Elementary P.E. teachers. More information on these events will be sent out as it becomes available. It is for ALL levels of runners. Students are allowed to use i-pods or other devices for music during running club, however, they are responsible for any devices. All devices must be secured in their backpacks for the remainder of the school day. Participants should bring appropriate running shoes and a water bottle. Masks must be worn inside the building, but masks may be removed outside. Students and parents should come to the Roslyn Gym at 2:40. **Please fill out the attached PERMISSION FORM** and return to Mr. Nettis. Parents interested in helping can contact Mr. Nettis via e-mail Anettis@barrington220.org or simply show up. Any questions should be addressed to Mr. Nettis.

Thank you! We look forward to a FUN and FIT year!

Sincerely,

Mr. Nettis

Anettis@barrington220.org

ROSLYN ROAD RUNNING CLUB PERMISSION FORM

My child (name) _____ has permission to participate in Roslyn Running Club. Grade: _____

REMINDER: Kindergarten, 1st and 2nd Grades must have a supervising parent or adult attending.

Any medical issues we need that we need to be aware of (ie. asthma, inhaler, allergies etc.)

Signed _____ Date _____

Parents cell # _____

Scheduled Running Club dates:

Tuesdays 2:45 - 3:30 PM 9/14, 9/21, 9/28, 10/5, 10/12,

Fridays 2:45 - 3:30 PM 9/10, 9/17, 9/24, 10/1, 10/8, 10/15

****More dates will follow in Oct. and in additional sessions will be held in the spring.**

*****Due to Covid Sessions may be canceled when weather is uncooperative.**

PLEASE be sure to make arrangements to pick up your child promptly at 3:30 PM. Thank you.

PICK-UP in front of the school from the sidewalk pick-up area.

***Additional form may be required by KEEP if your child is attending from KEEP.**